

**People Who Have Made The Best & Quickest Job Transitions…**

* Refuse to view themselves as victims
* Take action after a brief hiatus to collect their thoughts; usually considering severance & unemployment the interim assist that it is
* Readily seek and accept help and the support of others
* Decide to look forward and commit to succeed
* Use this time to re-examine themselves, their situation, and their future goals
* Set a plan in place for self-development
* Stick to a daily routine, using time wisely toward their goals
* Looking forward rather than back
* Allow themselves to see the opportunity in this “forced” change
* Take advantage of any program to facilitate their transition